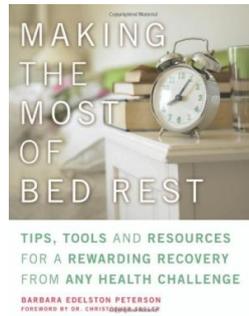


## Making the Most of Bed Rest: Tips, Tools, and Resources for a Rewarding Recovery from Any Health Challenge



### Book Review

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