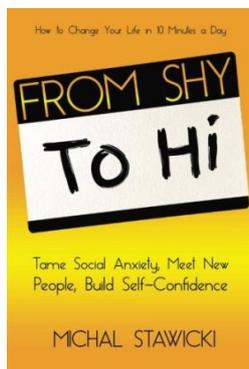


From Shy to Hi: Tame Social Anxiety, Meet New People and Build Self-Confidence



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