



Spirit and Dream Animals: Decipher Their Messages, Discover Your Totem

By Richard Webster

Llewellyn Publications, U.S. Paperback. Book Condition: new. BRAND NEW, Spirit and Dream Animals: Decipher Their Messages, Discover Your Totem, Richard Webster, From the joyful, free-spirited bluebird to the courageous tiger, animals in dreams often have specific messages meant to guide us on our life paths. "Spirit and Dream Animals" shows you how to identify your totem animal and access it for healing, strength, wisdom, and spiritual guidance. Bestselling author Richard Webster teaches simple techniques to identify your spirit animal, such as lucid dreaming, astrology, numerology, pendulum divination, meditation, dancing, and dressing up. Learn to recall your dreams more clearly and vividly. This book also features a dream-animal dictionary to help you interpret the symbolic meanings of over 150 creatures, including newborn animals, pets, and domestic, wild, and imaginary beasts.

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