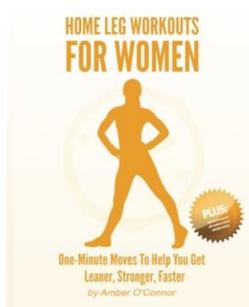


Home Leg Workouts for Women: One-Minute Moves to Help You Get Leaner, Stronger, Faster



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