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Gluten Free Meals Prepared with a Slow Cooker: Delicious and Straightforward Recipes for a Beginner

By Kendall Harrison

Createspace, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Take action regarding your health! Prepare your own gluten free meals with slow cooker using recipes in this book. Gluten free lifestyle is being taken seriously by today's health conscious individuals. With more people becoming gluten intolerant or allergic, research has shown that wheat products are responsible for this. This has led medical personnel to encourage people to have a change in diet and lifestyle by eliminating gluten-containing products from their meals. To help achieve this gluten free living, this book contains recipes that are gluten free. Cook the recipes to delicious perfection with a slow cooker. Combining different colourful ingredients with a slow cooker to prepare meals is one exciting experience you will look forward to. Here's a peek of what you'll get when you download this book: Tips for preparing gluten free meals with a slow cooker Delicious And Gluten Free Breakfast, lunch and dinner Recipes Non-Gluten Soups And Stews Slow-Cooked To Perfection Delightfully Simple Gluten Free Meals Cooking with slow cooker keeps your house warmed with soothing spices and inviting aromas in...



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